

FITTING GUIDE

ENSURE THERE IS NO ADDITIONAL MATERIAL UNDER THE ARMS THAT WOULD RESTRICT MOVEMENT. WETSUIT SHOULD FIT FLUSH AGAINST THE SKIN TO GIVE GOOD MOBILITY

POSITION THE CUFFS ABOVE YOUR WRIST BONES SO THAT NO WATER CAN TRAVEL UP THE ARMS WHILST YOU SWIM IF THE CUFFS DO NOT FIT RIGHT IT COULD AFFECT YOUR HYDRODYNAMICS AND SPEED THROUGH THE WATER

THE HIPS OF THE SUIT SHOULD BE PULLED RIGHT UP SO THAT THE AREA BETWEEN THE LEGS IS SNUG UP AGAINST THE CROTCH THIS WILL ALSO ENSURE THE TOP HALF OF THE SUIT WILL FIT

SETTLE THE HEM JUST ABOVE THE ANKLES ENSURING THERE ARE NO GAPS BETWEEN THE SUIT AND YOUR SKIN YOU CAN WRAP EACH FOOT IN A PLASTIC BAG OR SOCK TO HELP YOU GET INTO THE SUIT EASIER



CHOOSE THE CORRECT SIZE FOR THE SMOOTHEST, MOST HYDRODYNAMIC AND RESISTANCE-FREE FIT FOR A FASTER SWIM

	S	M	L	XL	XXL
HEIGHT (CM)	157 - 163	163 - 168	168 - 173	173 - 177	177+
HEIGHT (FT)	5'2 - 5'4	5'4 - 5'6	5'6 - 5'8	5'8 - 5'9	5'9+

CHEST (CM)	89 - 94	94 - 99	99 - 104	104 - 109	109+
CHEST (IN)	35 - 37	37 - 39	39 - 41	41 - 43	43+

WEIGHT (ST)	8.5 - 9.4	9.4 - 10.3	10.3 - 11.6	11.6+	11.6+
WEIGHT (KG)	54 - 60	60 - 66	66 - 74	74+	74+